



Sowing Power, Harvesting Change

Courageous Conversations Workshop

Kentucky State University, Extension Building
400 East Main St., Frankfort, KY

Friday, December 6th, 2019

1:00 PM	Registration
1:30 PM	Welcome & Opening
1:50 PM	Module 1: What is Privilege and What is Power?
2:00 PM	Module 2: Community Farm Alliance's Role in Ending Oppression
2:20 PM	Module 3: Class and Poverty
2:50 PM	Module 4: Apologizing (the Right Way) When You Get It Wrong
3:20 PM	Stretch Break
3:30 PM	Module 5: Skills for Effective Conversations About Power and Privilege
4:00 PM	Module 6: What Now? Developing an Action Plan
4:15 PM	Debrief
4:30 PM	Karaoke with DJ Avery Young
5:30 PM	Dinner On Your Own

2019 Annual Meeting

Kentucky State University, Research Farm Conference Center
1525 Mills Ln., Frankfort, KY

Saturday, December 7th, 2019

<i>Setting the Stage</i>	
8:30 AM	Registration: continental breakfast provided by Dv8 Kitchen
9:00 AM	Welcome and Opening
9:30 AM	A Look Back At 2019

<i>Recognizing Our Power</i>	
10:15 AM	Our Individual Power: What are <i>my</i> values for Kentucky's farm, food and fiber system?
10:35 AM	CFA Speed Dating: What are <i>our</i> values for Kentucky's farm, food and fiber system?
11:00 AM	Networking Break
11:15 AM	<p>Stories from the Field</p> <p>CFA members share about unique challenges and opportunities they face on their ag operation/project.</p> <ul style="list-style-type: none"> • Ann Montgomery, Yago Farm • Kenya Abraham, Slak Market • Ford Waterstrat, Sustainable Harvest

11:55 PM	CFA Membership Pitches Group Photo
-----------------	---

12:20 PM	LUNCH: boxed lunches provided by Common Table
-----------------	--

<i>Building Power Across KY</i>	
1:30 PM	Catalyst Panel: How Do We Build Power for Everyone? At the nexus of equity, policy, and storytelling, how do we build power and create positive change for and with our communities? <ul style="list-style-type: none"> • Ashley Smith, Black Soil • Michelle Howell, Need More Acres Farm • Cassia Herron, Louisville Association for Community Economics Digging Deeper Reflection —table discussion
2:15 PM	Policy Landscape
2:45 PM	Networking Break
3:00 PM	Digging Deeper Reflection—issue breakout groups What are our shared values for Kentucky’s farm, food, and fiber system?
4:00 PM	Awards & Presentation of 2020 Board Announcements & Wrap Up
4:30 PM	End/Transition

<i>Having Fun!</i>	
5—6:00 PM	KSU Farm Tour

Farm to Table Dinner

Kentucky State University, Research Farm Conference Center
1525 Mills Ln., Frankfort, KY

Saturday, December 7th, 2019

6—7:30 PM	Local farm to table dinner catered by Chef Chris Cain Live music by Jeri Katherine Howell & Nat Colten
------------------	---

Register for these events at <https://cfaky.org/2019-annual-meeting>

Become a CFA member at <https://cfaky.org/get-involved/become-a-member/>